



# Anesthesiology and Critical Care Medicine Division of Pain Medicine

601 N. Caroline St. • Suite 3062 • Baltimore, MD 21287-0812 410-955-PAIN • Fax 410-502-2390

# Confidential Blaustein Interventional Pain Treatment Center Health Questionnaire

Thank you for choosing the Johns Hopkins Blaustein Pain Treatment Center for your healthcare needs.

#### GETTING READY FOR YOUR VISIT

On your first visit, please bring any relevant medical records, X-rays, CT or MRI scans, medication bottles and other medical information related to the problem for which you are being seen.

Please complete the attached questionnaire **before** your appointment. It is confidential and will become part of your medical record. It asks for information about your current problems, and past medical history. This form will give your doctor a better understanding of your problem and will allow him or her to spend more time discussing treatment plans with you.

We value you as a patient and are providing the following information about clinic policies in order to assist us in delivering your healthcare needs.

#### YOUR CARE TEAM

Our clinic is part of a teaching institution and your care will be coordinated by a team of attending physicians, fellows and residents. They are all physicians who have training in managing patients with pain.

During your visit, you will first have your history and physical taken by the resident or fellow. Then the physician will present your case to the attending doctor, including the review of medical records, interpretation of radiology reports and scans, and the evaluation of your exam. Then the team will work with you to determine the best possible treatment plan.

#### CANCELLATION POLICY

We have established the following policies in order to provide every patient care as quickly as possible.

Consult Appointments: As a new patient, we will allow you to reschedule your consult appointment one time. After two cancellations and/or no-shows, you will not be allowed to reschedule with our clinic.

**Existing Patients:** Once you have become a patient of the clinic, we ask that you make your appointments carefully to ensure you are able to keep them. After three cancellations and/or no-shows you may be discharged from the clinic. This is based on physician review of your case.

### **LATE POLICY**

If you arrive past the indicated "Arrival Time" on your enclosed letter, you may be asked to reschedule. We ask that you arrive 30 minutes before your scheduled appointment time in order to allow time for registration.

# PRESCRIPTION DRUGS

Please be aware that we may **not** be able to provide you with medications. If you have been prescribed a medication by another physician, it is the responsibility of that physician to continue providing you with that medication. We are not responsible for continuing a medication that another physician has prescribed.

We also ask that you bring all pill bottles for the medications you are currently taking to your visit. Our physicians will determine the best possible treatment plan for you, but this may not include the continuation of current prescriptions.

#### **PHYSICIAN PHONE CALLS**

When calling the clinic to speak with your physician, a nurse, a resident and/or a fellow that is working with your doctor may return your call. These clinicians all have access to your records. Calls will be returned as quickly as possible, usually within 24 hours. Since we are not an urgent care clinic, if you have an emergency, we advise that you go to your nearest emergency room.

Thank you for choosing The Johns Hopkins Blaustein Pain Treatment Center for your care. We look forward to working with you.

PAIN QUE B NL (rev 03/10)

Patient's Name	·		
Date of Birth			Sex: ☐ Male ☐ Female
City		State	ZIP
Daytime Phone	-	Evening Phone	
Name of Primary Ca	re Physician		
City		State	ZIP
Phone		Fax	
ist other physicians	that your records should be sent	to:	
Doctor		Doctor	
Address		Address	
tate	Zip	State	Zip
hone	Fax	Phone	Fax
		wided):	
The effects of trea  My primary diseas	tment (e.g., medication, surgery, r e (meaning the disease currently b	radiation, prosthetic device) peing treated and evaluated) e (e.g., arthritis)	
AIN DESCRIPTION			
n the diagram, shad ut an X on the area t	e in the areas where you feel pain hat hurts the most.	sitting standing res	' <u> </u>
			our pain better: :
		Throughout our lives, most of us (such as minor headaches, sprains other than these everyday kinds on the second of the second o	s, toothaches). Have you had pain of pain during the last week?
		Please rate your pain by checking describes your pain at its <b>worst in</b> 0 1 2 3 4  No Pain	
BACK	FRONT		PAIN OUE B NL (rev 03/10

PAIN DESCRIPTION continue	d		
Please rate your pain by checking describes your pain at its <b>least</b> last 0 0 1 1 2 3 4 5	st week.	Check the one number that describes week, pain has interfered with your:  General Activity	how, during the past
No Pain	Worse Pain You Can Imagine	□0 □1 □2 □3 □4 □5 □6	7 8 9 10
Please rate your pain by circling the much pain you have right now.  O O 1 O 2 O 3 O 4 O 5  No Pain  For each of the following, check Yesto your pain.  Aching O O O O O O O  Throbbing O O O O  Shooting O O O O  Sharp O O O O  Tender O O O O  Burning O O O  Exhausting O O O  Tring O O O  Penetrating O O O  No	Worse Pain You Can Imagine  6 7 8 9 10  Worse Pain You Can Imagine  ne one number that tells how  6 7 8 9 10  Worse Pain You Can Imagine	Does Not Interfere  Mood  0 1 2 3 4 5 6 Does Not Interfere  Walking Ability 0 1 2 3 4 5 6 Does Not Interfere  Normal Work (include both work outsichousework) 0 1 2 3 4 5 6 Does Not Interfere  Relations with other people 0 1 2 3 4 5 6 Does Not Interfere  Relations with other people 5leep	Completely Interference  7  8  9  10 Completely Interference  7  8  9  10 Completely Interference de the home and  7  8  9  10 Completely Interference  de the home and
Unbearable	ies		
PAIN TREATMENT(S)  How many physicians have been in your pain?  0-3  4-5 6-10 11-15  How many emergency room visits her pain?  0  1  2  3  4  5  In the last week, how much relief her	☐ 16 or more  nave you had in the last year  or more	Check all other methods you use to relie  warm compresses  distraction  cold compresses  hiofeedback relaxation techniques  hypnosis  ions provided? Please check the one per	ck
hows how much relief you have red ] 0%	ceived.	60% 🗍 70% 🗌 80% 🗍 90% [	] 100% te Relief

PAIN QUE D NL (rev 03/10)

PAIN TREATMENT(S) continued		
Check the nerve blocks, injections or pro	cedures that have bee	n performed. If you've had a procedure, but you don't remember
what it was called, please choose "other.	" How Many [	Date(s) Performed
Cervical (neck) epidural steroid injection	•	``
Lumbar epidural steroid injection		
☐ Caudal epidural steroid injection		
☐ Facet joint block		
☐ Facet joint dennervation		
Stellate ganglion block		
Lumbar sympathetic block		
☐ Trigger point injection		
Discogram		
Occipital nerve block		
☐ Intercostal nerve block		
Spinal cord stimulator		
☐ Intrathecal pump		
Other		
PAIN MEDICATION		
Do you have some form of pain now that	requires medication	Check how you prefer to take pain medicine:
each and every day? No Yes	,	On a regular basis Only when necessary
Did you take pain medications in the last		☐ Do not take pain medication
7 days? No Yes		•
If you take pain medication, how many ho	urs does it take	How do you take pain medicine over a 24-hour period?
before the pain returns? Check one.		☐ Not every day ☐ 1 to 2 times per day
Pain medication doesn't help at all		3 to 4 times per day 5 to 6 times per day
One hour		☐ More than 6 times per day
☐ Two hours		Do you feel you need a stronger type of pain medication?
Three hours		☐ No ☐ Yes ☐ Uncertain
Four hours		Do you feel you need to take more of the pain medication
Five to twelve hours		than your doctor has prescribed?
☐ More than twelve hours		☐ No ☐ Yes ☐ Uncertain
I do not take pain medication		Do you feel you need to receive further information about your
		pain medication?
		☐ No ☐ Yes
	taken the following	pain-related medications in the PAST? Do not list current
medications on this page.		
	Why did you stop?	
Acetaminophen (Tylenol)	Side effect(s)	
Actiq (fentanyl)		☐ Didn't work ☐ Stopped working ☐ Didn't work ☐ Stopped working
		☐ Didn't work ☐ Stopped working ☐ Didn't work ☐ Stopped working
		☐ Didn't work ☐ Stopped working
Codeine (Tylenol #3)	☐ Side effect(s)	☐ Didn't work ☐ Stopped working

PAST PAIN MEDICATION continued: Have you ever taken the following pain-related medications in the PAST? Do not list current medications on this page.

	No	Yes	Why did you stop?		
Cymbalta			Side effect(s)	Didn't work	Stopped working
Demerol			Side effect(s)	Didn't work	☐ Stopped working
Depokote			Side effect(s)	Didn't work	☐ Stopped working
Desipramine			Side effect(s)	Didn't work	☐ Stopped working
Dextromethorphan			Side effect(s)	Didn't work	☐ Stopped working
Dilaudid			Side effect(s)	Didn't work	Stopped working
Doxepin (Sinequan)			Side effect(s)	Didn't work	☐ Stopped working
Effexor			Side effect(s)	Didn't work	☐ Stopped working
Fentanyi Patch			Side effect(s)	Didn't work	☐ Stopped working
Fentora (fentanyl)			Side effect(s)	Didn't work	☐ Stopped working
Flexeril			Side effect(s)	Didn't work	Stopped working
Hydrocodone (Vicodin)			Side effect(s)	Didn't work	☐ Stopped working
Ibuprofen (Motrin, Advil)			Side effect(s)	Didn't work	Stopped working
Imipramine			Side effect(s)	Didn't work	☐ Stopped working
Kadian			Side effect(s)	Didn't work	☐ Stopped working
Lamictal			Side effect(s)	Didn't work	☐ Stopped working
Lidoderm Patch -			Side effect(s)	Didn't work	☐ Stopped working
Lyrica			Side effect(s)	Didn't work	☐ Stopped working
Methadone (Dolophine)			Side effect(s)	Didn't work	☐ Stopped working
Mobic (meloxicam)			Side effect(s)	Didn't work	☐ Stopped working
Morphine (MS Contin)			Side effect(s)	Didn't work	☐ Stopped working
Neurontin			Side effect(s)	 □ Didn't work	☐ Stopped working
Nortriptyline (Pamelor)			☐ Side effect(s)	 □ Didn't work	☐ Stopped working
Nucynta (tapentadol)			Side effect(s)	☐ Didn't work	☐ Stopped working
Opana (oxymorphone)			Side effect(s)	☐ Didn't work	☐ Stopped working
Oxycodone (Percocet)			Side effect(s)	☐ Didn't work	☐ Stopped working
Oxycontin			Side effect(s)	□ Didn't work	Stopped working
Pentazocine HCI (Talwin)			Side effect(s)	Didn't work	Stopped working
Propoxyphene (Darvocet)			Side effect(s)	Didn't work	Stopped working
Prozac/Paxil			☐ Side effect(s)	 □ Didn't work	Stopped working
Skelaxin			Side effect(s)	 □ Didn't work	Stopped working
Soma			Side effect(s)		Stopped working
Suboxone (buprenorphine)			Side effect(s)	 ☐ Didn't work [	☐ Stopped working
Tegretol .			Side effect(s)	□ Didn't work 〔	☐ Stopped working
Topamax			Side effect(s)	☐ Didn't work	☐ Stopped working
Foradol (Ketorolac)			☐ Side effect(s)	Didn't work [	Stopped working
razadone (Desyrel)			Side effect(s)	Didn't work [	Stopped working
Jltram (Tramadol)			Side effect(s)	Didn't work	☐ Stopped working
/alium			Side effect(s)	Didn't work	Stopped working
/oltaren gel			Side effect(s)	Didn't work [	Stopped working
Vellbutrin		$\bar{\Box}$	Side effect(s)	Didn't work [	☐ Stopped working
íanax			Side effect(s)	□ Didn't work □	Stopped working
anaflex	$\overline{\Box}$	Ē	Side effect(s)	<del></del>	Stopped working
en initals					

HOSPITALIZATION	I AND SURGICAL HISTORY					
Have you ever had s	surgery or been hospitalized?	☐ No ☐ Yes	If yes, list each below	and give	e year.	
Reason for Surgery	or Hospitalization	Year	Reason for Surgery	or Hosp	italization	Year
	4.7					
				namentin ikosa	70,059 (Too No. 1527)	
REVIEW OF SYSTE		,			1	
Please review the list	below. If you have currently, below. If not, please check "N	or have ever ha	d a problem in any of t	these are	eas, please c	heck "Yes" and
General/ENT	below. If hot, please check if	<b>vo</b> .	Bones/Joints			
Skin	☐ No ☐ Yes		Broken bones	Пио	□Yes	
Head	☐ No ☐ Yes		Arthritis			
Eyes	☐ No ☐ Yes		Amputations			
Ears	☐ No ☐ Yes		Nerves/Brain			
Nose/Sinus	☐ No ☐ Yes		Sensation loss	П No	☐Yes	
Lungs and Chest	•		Fainting			
Asthma	☐ No ☐ Yes		Seizures			
Emphysema	☐ No ☐ Yes		Stroke			
Lung Cancer	☐ No ☐ Yes		Spinal cord injury	□No	☐ Yes	
Pneumonia	☐ No ☐ Yes		Multiple sclerosis	□No	Yes	
Heart and Blood Ve	essels		Headache/Migraine	□No	Yes	
Heart attack	☐ No ☐ Yes		Coordination loss	□No	☐ Yes	
Angina (chest pain)	□ No □ Yes		Weakness/Paralysis	□No	☐ Yes	
High blood pressure	☐ No ☐ Yes		Disc problems	□No	☐ Yes	
Irregular heartbeat	☐ No ☐ Yes		Blood			
Poor circulation in leg	s 🗌 No 🔲 Yes		Anemia ("low blood")	□No	☐ Yes	
Blood clot in legs	☐ No ☐ Yes		Abnormal clotting			
Blood clot in lungs	☐ No ☐ Yes		Easy bruising/bleeding			
Sores that won't heal	☐ No ☐ Yes		Transfusions			
Swellings in legs	☐ No ☐ Yes		Stomach/Esophagus/			
Urinary/Genital	1		Heartburn			
Kidney stones	☐ No ☐ Yes		Nausea/Vomiting			
Painful urination	☐ No ☐ Yes		Constipation/Diarrhea			
Urinary dribbling	☐ No ☐ Yes					
Difficult urinating	☐ No ☐ Yes			_		·
Urinary infections	☐ No ☐ Yes		9			
Sexually transmitted diseases	☐ No ☐ Yes					
aiseases Incontinence	□ No □ Yes	`	Jlcers Polvos			
a committee			ากเขาร	LINO	ı i ies	

REVIEW OF SYSTEMS continued	
Psychology/Psychiatry	Cancer
Depression No Yes	If yes, please list type(s) 🗌 No 🗋 Yes
Anxiety No Yes	
Panic attacks No Yes	
Suicidal thoughts No Yes	Male
Sleep disturbance No Yes	Erectile Dysfunction No Yes
Irritability No Yes	Female
Mood swings No Yes	Abnormal vaginal
Counseling No Yes	bleeding, discharge, Or pain No Yes
Endocrine	i — .
Diabetes No Yes	Breast lumps, discharge No Yes
Heat/Cold Intolerance No Yes	Change in
Weight Loss/Gain No Yes	menstrual cycle
Change in appetite No Yes	
Change in sexual desire 🗌 No 🔲 Yes	
WORK	DAILY ACTIVITIES
Are you currently employed? No Yes	List exercises you participate in
If yes: what do you do?	
How many hours per day?	What is your activity level?
If no: How long have you been out of work?	
What was your occupation?	Inactive Very Active
How do you spend your day?	SEXUAL ACTIVITIES
Is unemployment due to pain? 🗌 No 🔲 Yes	Are you sexually active? \( \subseteq \text{No} \subseteq \text{Yes} \) If yes, answer below.
Have you ever been in the military? ☐ No ☐ Yes	What is your present satisfaction regarding your sexual activity
Are you able to do household chores? No Yes	
Explain	Inactive Very Active
INCOME	,
Are you currently on Disability?	SPIRITUALITY THE STATE OF THE S
Are you applying for Disability?	Do you have a religious affiliation? No Yes
Are you receiving Worker's Compensation?	What is your involvement in religious activities?
Are you applying for Worker's Compensation? No Yes	
Do you have litigation pending against an employer	
or individual due to an accident or injury?	EDUCATION
, ,	Check highest level of education completed.
HOUSEHOLD	☐ Grade school ☐ High school ☐ Junior college
List your hobbies	College Trade school Graduate School
	☐ Professional School
Your present marital status Single Married	
Separated Divorced Widowed	
Do you have children?  No Yes	
If yes, how many?	
If yes, list ages	PAIN QUE G NL (rev 03/10)
	•

PAIN QUE H NL (rev 03//10)

FAMILY MEDICAL HISTORY	
Please list any major illnesses in your family, including stroke, car	ncer, high blood pressure, diabetes, chronic pain, etc.
SOCIAL	
What is your involvement in social activities?	Did you ever, or do you now, use street drugs? ☐ No ☐ Yes
0 1 2 3 4 5 6 7 8 9 10  No involvement  Actively Involved	If yes, list
Is this a change since the onset of your pain? \( \subseteq \text{No Involved} \)	
Do you currently smoke?  No Yes	Have you ever been addicted to
If yes: packs per day? for how many years?	prescription drugs? 🗌 No 🔲 Yes
Were you a smoker in the past?  No Yes  If yes: for how many years? year you quit?	Does anybody in your family have a history of drug misuse/addiction? \( \subseteq \text{No} \subseteq \text{Yes} \)
Do you use alcohol?   No Yes	Have you ever been in a treatment
If yes, on average, how many drinks do you have per week?	program for alcohol or drug abuse?  No Yes  If yes, explain
☐ 3 or less ☐ 4-7 ☐ 8-12 ☐ 13 or more	n yes, explain
Was there ever a time in your life when you may have had an alcohol problem? ☐ No ☐ Yes	
CURRENT OPIOID THERAPY If applicable (for example, per	vaccat augmentin duranceie natch\
What percent relief do your opioids (narcotics) provide?	Toucet, uxycuntur, uuragesiv pateir)
	60% 🗌 70% 🗌 80% 🔲 90% 🔲 100%
Do you have any	Do you feel that your mood has
side effects from your opioids? No Yes	improved from opioid therapy? $\square$ No $\square$ Yes
If yes, check all that apply:	If yes, how?
☐ Constipation ☐ Itching ☐ Dry mouth ☐ Nausea ☐ Erectile problems ☐ Menstrual change	Has your quality of life improved? 🗌 No 🔲 Yes
☐ Vomiting. ☐ Dizziness ☐ Lightheadedness	If yes, how?
☐ Sleepiness ☐ Problems urinating	Name and phone number of pharmacy listed on opioid bottle
Appetite change	
Are you any more	Name of doctor currently prescribing opiods
unctional from using opioids?	3 1
	Prescribing doctor's phone number
Vhere?	resembling decides priorite flamber
EXPECTATIONS	
Nhat are you hoping to gain from your visit with the Blaustein Inte	erventional Pain Treatment Center?
rnat are you noping to gain from your visit with the bladstein line. Circle the percentage of pain relief you would feel would make yo	
] 0%	

À	JOHNS HOPKINS
T	HE JOHNS HOPKINS HOSPITAL 600 NORTH WOLFE STREET

BALTIMORE, MD 21287

# **Outpatient Medication List**

Directions: Update and give a cop	y of this list	to the patient	with each	outpatient	visit.
Do not use abbreviations.					

☐ Patient taking no medication regularly and none in the past 72 hours.

MEDICATIONS (include over-the-counter and herbal medications)	DOSE (e.g., strength, # of pills or drops)	ROUTE (e.g., by mouth, inhaled, on skin)	FREQUENCY (how often)
Example: Vitamin C	250 mg	By mouth	Once a day
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.		•	

# New Medications - Please enter all new medications below.

MEDICATION	DOSE	ROUTE	FREQUENCY	COMMENT
1.	,			
2.				
3.				
4.				

Please use additional sheet for more medications.

If you have questions about any of your medications, please contact the person who prescribed them.